Bicycle Safety Check		Bicycle Safety Check	Bicycle Safety Check			
Wheels Loose or broken spokes	No Problem Unsafe	Wheels Loose or broken spokes No Problem Unsafe	Wheels Loose or broken spokes No Problem Unsafe			
Bent rims		Bent rims	Bent rims			
Tires Improper inflation		Tires Improper inflation	Tires Improper inflation			
Worn Tread		Worn Tread	Worn Tread			
Cracks / Rot		Cracks / Rot	Cracks / Rot			
Reflectors Missing / Loose		Reflectors Missing / Loose	Reflectors Missing / Loose			
Frame and Fit Bent / Dented / Cracked		Frame and Fit Bent / Dented / Cracked	Frame and Fit Bent / Dented / Cracked			
Too Big / Too Small		Too Big / Too Small	Too Big / Too Small			
5 Chain Loose		5 Chain Loose	5 Chain Loose			
Not Oiled		Not Oiled	Not Oiled			
Pedals Loose		Pedals Loose	Pedals Loose			
Handlebars & Sea		Handlebars & Seat	Handlebars & Seat			
Improper adjustment		Improper adjustment	Improper adjustment			

No				No			No		
Headset Too loose / Too tight	Problem	Unsafe	Headset Too loose / Too tight	Problem	Unsafe	8	Headset Too loose / Too tight	Problem	Unsaf
Brakes Improper adjustment			Prakes Improper adjustment			9	Brakes Improper adjustment		
Worn pads			Worn pads				Worn pads		
Helmet Damaged			Helmet Damaged			10	Helmet Damaged		
Too Big / Too Small			Too Big / Too Small				Too Big / Too Small		
Improper Strap Adjustm	ent		Improper Strap Adjustm	ent			Improper Strap Adjustm	nent	
Pads Too Thin / Too Th	ick		Pads Too Thin / Too Th	ick			Pads Too Thin / Too Th	ick	
Please refer to our guide "How to lelmet Correctly" for adjustment	Fit a tips!)	<u> </u>	(Please refer to our guide "How to Helmet Correctly" for adjustment	Fit a tips!)		(Pleas Helmo	e refer to our guide "How to et Correctly" for adjustment	Fit a tips!)	

Properly adjusted bicycles and helmets are essential for safe riding. This is especially important for kids, who might not realize that a bike is unsafe to ride.

Safety checks should be performed regularly, and any problems should be referred to a competent bike mechanic. Safe biking depends on safe bikes!

The Missoula Bicycling Ambassadors
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435 Ryman
Missoula, MT 59802
(406) 552-6352

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