

Bicycle Safety Check

	No	Unsafe
1 Wheels		
Loose or broken spokes	<input type="checkbox"/>	<input type="checkbox"/>
Bent rims	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>		
2 Tires		
Improper inflation	<input type="checkbox"/>	<input type="checkbox"/>
Worn Tread	<input type="checkbox"/>	<input type="checkbox"/>
Cracks / Rot	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>		
3 Reflectors		
Missing / Loose	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>		
4 Frame and Fit		
Bent / Dented / Cracked	<input type="checkbox"/>	<input type="checkbox"/>
Too Big / Too Small	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>		
5 Chain		
Loose	<input type="checkbox"/>	<input type="checkbox"/>
Not Oiled	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>		
6 Pedals		
Loose	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>		
7 Handlebars & Seat		
Loose	<input type="checkbox"/>	<input type="checkbox"/>
Improper adjustment	<input type="checkbox"/>	<input type="checkbox"/>

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8 Headset	No	
	Problem	Unsafe
Too loose / Too tight	<input type="checkbox"/>	<input type="checkbox"/>

9 Brakes	No	
	Problem	Unsafe
Improper adjustment	<input type="checkbox"/>	<input type="checkbox"/>
Worn pads	<input type="checkbox"/>	<input type="checkbox"/>

10 Helmet	No	
	Problem	Unsafe
Damaged	<input type="checkbox"/>	<input type="checkbox"/>
Too Big / Too Small	<input type="checkbox"/>	<input type="checkbox"/>
Improper Strap Adjustment	<input type="checkbox"/>	<input type="checkbox"/>
Pads Too Thin / Too Thick	<input type="checkbox"/>	<input type="checkbox"/>

(Please refer to our guide “How to Fit a Helmet Correctly” for adjustment tips!)

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(Please refer to our guide “How to Fit a Helmet Correctly” for adjustment tips!)

Properly adjusted bicycles and helmets are essential for safe riding. This is especially important for kids, who might not realize that a bike is unsafe to ride.

Safety checks should be performed regularly, and any problems should be referred to a competent bike mechanic. Safe biking depends on safe bikes!

The Missoula Bicycling Ambassadors
Bicycle Pedestrian Office
435 Ryman
Missoula, MT 59802
(406) 552-6352

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